

### IN HOSPITAL BENEFITS INCLUDING ALL MAJOR MEDICAL BENEFITS: ADMINISTERED THROUGH MOMENTUM TYB

CATEGORY	LIMIT	Benefit Parameters
<b>Hospitalisation</b>	Unlimited at Preferred Provider. Prescribed Minimum Benefits (PMB's) are unlimited at the scheme's Designated Service Provider.	<b>Pre-authorisation</b> required prior to admission, failing which a co-payment of R500 per admission will be payable. Intensive care/ High care unit is limited to 15 days. Including accommodation, medication, materials and operating theatres.
<b>Emergency Services</b>	Unlimited	Emergency transport only. <b>Pre-authorisation</b> required by phoning ER24 on 084 124.
<b>Hospitalisation Alternatives</b>	R12 500 PMF	<b>Pre-authorisation</b> required prior to treatment. Private nursing and Step-down facilities.
<b>GP's and Specialists</b>	Unlimited at Preferred Provider only. Specialist services limited to R20 000 PMF unless PMB's apply.	Consultations and Procedures.
<b>Maternity</b>	Unlimited at Preferred Provider only.	<b>Pre-authorisation</b> required prior to admission. Confinements including accommodation, medication, materials, anaesthetist, gynaecologist and paediatrician.
<b>In Hospital Dentistry</b>	No benefit	No benefit
<b>Radiology and Pathology Basic</b>	Unlimited at Preferred Provider only. Pathology limited to R20 000 PMF unless PMB's apply.	Blood tests, x-rays, etc.
<b>Physiotherapy</b>	Preferred Provider only. Limited to R3 300 PMF unless PMB's apply.	Treatment in hospital only.
<b>Prosthesis</b>	Prescribed Minimum Benefits.	Pre-authorisation required prior to admission. Unlimited at DSP. Scheme protocols apply.
<b>To-Take-Out Medication (TTO)</b>	R300 PB per event.	Subject to formulary. Medicine on discharge (TTO's) R300 PB per event.
<b>Compassionate Care Benefit</b>	R20 000 PMF for clinically appropriate medical care. Unless a Prescribed Minimum Benefit (PMB).	Included in hospital limit for non-PMBs. <b>Pre-authorisation</b> required. Patient must provide letter from Dr confirming end of life treatment required.

### MAJOR MEDICAL BENEFITS

CATEGORY	LIMIT	Benefit Parameters
<b>Medical Equipment</b> <i>(In-and-out of hospital)</i>	R4 000 PMF at Preferred Provider only.	Including wheelchairs, oxygen and cylinders. <b>Pre-authorisation</b> required through Momentum TYB 0860 08 08 88 or (041) 395 4545. Out of hospital benefits are only applicable to PMB's.
<b>Chronic Medication</b>	Unlimited at Preferred Provider.	Subject to <b>Pre-authorisation</b> through PrimeCure formulary and preferred provider managed care protocols.
<b>Dialysis</b>	Unlimited at Preferred Provider for Prescribed Minimum Benefits.	<b>Pre-authorisation</b> / case and treatment management required. All services In-and-Out of hospital, including medication and chemicals. Subject to PMB's. <b>Pre-Authorisation</b> required through Momentum TYB 0860 08 08 88 or (041) 395 4545
<b>HIV/AIDS</b>	Unlimited.	Subject to managed care protocols. Kindly contact PrimeCure on 086 010 3228.
<b>Oncology</b>	Unlimited at Preferred Provider for Prescribed Minimum Benefits.	<b>Pre-authorisation</b> and enrolment on the Programme required. All services In-and-Out of hospital including medication and materials. <b>Pre-Authorisation</b> required through Momentum TYB 0860 08 08 88 or (041) 395 4545
<b>Specialised Radiology &amp; Pathology In-hospital</b> <i>Referred by Specialist</i>	2 Scans PMF In-and-Out of hospital	Includes Specialised Radiology (MRI, CT Scan) In-and-Out of hospital at Preferred Provider only. Included in Hospitalisation Limit. Services rendered in hospital, Subject to Hospitalisation Limit. Pre-Authorisation required through Momentum TYB 0860 08 08 88 or (041) 395 4545

**PB = Per Beneficiary PMF = Per Member Family PMB = Prescribed Minimum Benefits**

This information is a guide only and does not replace the rules of the Scheme. In the event of any discrepancy between the summary and the rules, the rules will prevail. All benefits are covered at the Suremed Scheme Tariff based on the National Health Reference Price List (NHRPL) unless otherwise stated. All benefits are annualised unless specified and pro-rated according to joining date. Subject to final Board approval and registration by the CMS.

# EXPLORER

## 2024 Benefits & Contributions

### DAY-TO-DAY BENEFITS

Subject to category limits and use of Preferred Providers only (Prime Cure accredited)

CATEGORY	LIMIT	Benefit Parameters
Acute Medication	Unlimited if prescribed by nominated provider. Over the counter medication (OTC) limited to R350PB per year and up to R425 PMF.	According to formulary to a maximum of R112 per event through Prime Cure.
Chronic Medication	Unlimited if prescribed by nominated provider. Subject to registration through Prime Cure.	Chronic Disease List conditions only. In accordance with Prime Cure medication formulary.
Dentistry - General	Unlimited through Prime Cure provider.	Prime Cure approved dental codes. One preventative consultation PB per year.
Dentistry - Specialised	No benefit	No benefit
Dentures	Benefits through Prime Cure dentist 1 set of Acrylic dentures PMF per 24 month cycle up to R4 290 per family paid at 80%.	<b>Authorisation</b> required : 0861 665 665 Members over 21 only. Prime cure approved list of codes. Submit claims to Prime Cure.
GP's	12 Consultations per beneficiary.	Beneficiaries to nominate a provider. <b>Authorisation is required after the 12th consultation</b> in order to access the unlimited PMB benefit. 2 Doctor changes PB per year.
Virtual Consultations	Administrated through virtual consults through Kaelo Health & Dis-Chem clinics. Unlimited Consults. Member is first assessed by a nurse and then referred to a doctor if required.	No pre-authorisation required. Consultation benefits accessible during waiting periods.
Out of network visits	1 PB / 2 PMF Limited to R1 200 per event. Including acute medication in accordance with the acute medication formulary.	<b>Authorisation</b> is required for each consultation within 72 hours of the visit.
Immunization	1 PB per year (high risk patients only).	Flu injections. At Prime Cure provider or Prime Cure pharmacy only.
Specialist Services	Limited to R3 400 PB.	Upon referral from nominated provider. <b>Pre-Authorisation</b> required through PROVIDENCE 0860 08 08 88 or (041) 395 4545
Maternity benefit	Subject to registration on maternity programme through Momentum TYB 0860 08 08 88 or (041) 395 4545.	2 x 2D scans per pregnancy. Limited to 2 visits (GP or Gynae) and 1 paediatrician visit / Ante-natal Vitamins: R68 per month for 9 months.
Optometry	Unlimited at Prime Cure Optometrist	1 Eye test PB per year. Frame from selected range. 1 Pair of spectacles PB per 24 month cycle. Contact Lenses - no benefit.
Radiology and Pathology	Unlimited. On referral from your <b>nominated</b> doctor only.	In accordance with Prime Cure Radiology and Pathology approved list of codes.

### Contact Numbers:

#### CUSTOMER CARE

Telephone	041 395 4545
	086 008 0888
WhatsApp	086 008 0888
Fax	086 743 0677
E-mail	info@suremedhealth.co.za
Member Claims Submissions	claims@suremedhealth.co.za
Provider Claims Submissions	providerclaims@suremedhealth.co.za
Website	www.suremedhealth.co.za
Physical Address	7 Lutman Street, Richmond Hill, Port Elizabeth
Postal Address	P.O. Box 1672, Port Elizabeth, 6000

#### PRIME CURE CUSTOMER CARE

Telephone	086 166 5665
E-mail	support@primecure.co.za

#### PHARMACY BENEFIT MANAGEMENT (PBM)

##### (CHRONIC MEDICATION AUTHORISATION)

Telephone	041 395 4482
Fax	086 680 8855
E-mail	chronic@suremedhealth.co.za

#### CLINICAL RISK MANAGEMENT (CRM)

##### (PRE-AUTHORISATION)

Telephone	041 395 4545
	086 008 0888
Fax	086 686 5503
E-mail	specauth@suremedhealth.co.za hospauth@suremedhealth.co.za

#### DISEASE MANAGEMENT/HIV AND AIDS AND WELL BEING TEAM

Telephone	086 010 3228
Fax	086 599 4511
E-mail	wellbeing@suremedhealth.co.za

#### EMERGENCY TRANSPORT

ER24	084 124
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#### I-FIND

Members on Explorer can locate their nearest contracted provider using "I-FIND", a service provided by Prime Cure, by:

- Visiting the Prime Cure website on www.primecure.co.za
- Contact the Prime Cure call centre on 0861 665 665
- Send an SMS to I-FIND 33900
  - The SMS must contain the discipline you looking for and the area, for example:
    - Dentist Randburg • Doctor Randfontein • Optometrist Soweto

At Suremed Health our focus is on providing our members with clinical and financial solutions to ensure that you receive the most efficient and cost effective medical care possible. To make the task of clearly understanding the procedures and benefits as easy as possible we have selected a number of very important pieces of information which you should read through and keep on hand for easy reference.

If there is any aspect you do not understand please refer to your broker or to the Scheme's administrators. We would like to ensure that your association with the Scheme is a long, healthy and pleasant experience.

#### Complaints and Disputes

Members should inform the Scheme at info@suremedhealth.co.za or the scheme's administrator, escalations@suremedhealth.co.za in writing of any complaints or disputes. Members may also report any dispute with the Scheme to the Council for Medical Schemes at: share call 0861 123 267, email complaints@medicalschemes.com, www.medicalschemes.com or at their postal address: Block, Eco Glades 2 Office Park, 420 Witch-Hazel Street, Centurion, 0157.

### CONTRIBUTIONS 2023

Monthly Income	Principal Member	Adult Dependand	Child Dependand
R0 - R500	R569	R569	R569

momentum | TYB

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Certified

Administered by: **momentum** | **TYB**

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A member of:

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Metropolitan**